



[Knowledgebase](#) > [About our platform & courses](#) > [What is a MOOC and how do I participate in it?](#)

What is a MOOC and how do I participate in it?

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MOOCs (Massive Open Online Courses) are courses accessed openly via the web. If you are unfamiliar with MOOCs, please watch the following video:

And check out this video, which will help you get the most out of a MOOC: